



# BD Blue Bells Public School

## E-NEWSLETTER

October - December 2025



Phone No.: 9811945543  
9811868241/242



Website :  
[bluebells.org/bbpublic](http://bluebells.org/bbpublic)



Email:  
[bbpublic@bluebells.org](mailto:bbpublic@bluebells.org)



[Facebook@bbpublic1](https://www.facebook.com/bbpublic1)



[Instagram@bbpublic1](https://www.instagram.com/bbpublic1)



[YouTube Blue Bells Public School](https://www.youtube.com/BlueBellsPublicSchool)

# ADMIRABLE HONOUR

RANKED **#1** SCHOOL IN

INDIA FOR  
**STEAM**  
**EDUCATION EXCELLENCE**

Unwavering focus on  
Science, Technology, Engineering, Arts and Maths



# ADMIRABLE HONOUR

AT THE FOREFRONT OF  
**EXCELLENCE**

RANKED **#7** SCHOOL IN  
**GURUGRAM**



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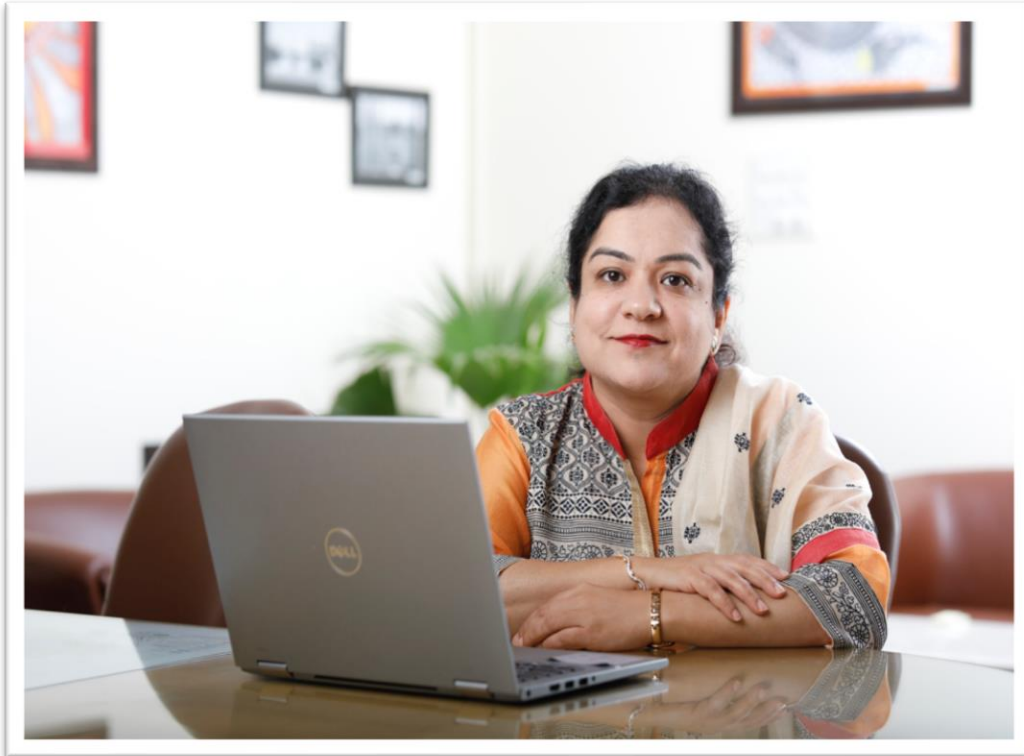
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# Message



Dear Reader

It is a moment of immense pride that Brahm Dutt Blue Bells Public School has been ranked by Education World as India's No. 1 School for STEAM Education Excellence this year. This remarkable achievement comes on the heels of last year's distinction as India's No. 1 School for Technology Integration and reaffirms our consistent commitment to innovation, creativity, and future-ready learning.

These accomplishments are a testament to the dedication of the teachers, who continue to push boundaries, experiment with new pedagogies, and nurture curiosity in every learner. Your passion for integrating Science, Technology, Engineering, Arts, and Mathematics in meaningful and engaging ways has truly set a national benchmark.



I also extend my heartfelt congratulations to the students, whose enthusiasm, hard work, and willingness to explore beyond the textbook make such excellence possible. You are the driving force behind every milestone we achieve.

As we celebrate this success, let us also remember that awards are not a destination but markers on our journey of continuous growth.

I encourage each one of you to keep learning, keep innovating, and keep striving to make an impact. Let us continue shaping a learning environment where ideas thrive and excellence becomes a habit.

Proud of this collective achievement and excited for all that lies ahead.

Warm Regards  
Anshuka Aneja  
Associate Director IT  
Blue Bells Group of Schools





# HALL OF FAME

# LIFETIME ACHIEVEMENT AWARD



Dr Saroj Suman Gulati, Director, Blue Bells Group of Schools, was honoured with the Lifetime Achievement Award at the prestigious event “दिल्ली NCR मिलन: शिक्षा का संगम”, organised by Helping Gurus at Hotel Holiday Inn, Mayur Vihar, Delhi, for her exemplary contribution to the field of education.

# SCHOOL GURUS LEADERSHIP MEET 2026 & EDUGURUS AWARDS 2025–26



Dr. Saroj Suman Gulati, Director, Blue Bells Group of Schools, was conferred with the Respected Leader Award at the School Gurus Leadership Meet 2026 & EduGurus Awards 2025–26.

This prestigious recognition celebrates her visionary leadership and unwavering commitment to holistic, value-based, and future-ready education, which continues to guide and inspire the Blue Bells academic community.

# EDUGURUS AWARD 2025–26



**Ms. Roopali Kudesia, Principal, BD Blue Bells Public School** was conferred with EduGurus Award 2025–26 in recognition of her exceptional efforts in the field of education.

# GLOBAL SUSTAINABILITY AWARD 2025



**Ms. Roopali Kudesia, Principal, BD Blue Bells Public School** was bestowed with the Sustainability Award for her impactful work in driving sustainability initiatives and nurturing eco-conscious values among students.



# **AWARDS & HONOUR**

# EDUCATION WORLD GRAND JURY INDIA SCHOOL RANKINGS 2025–26



## # Ranked No. 1

- India
- Haryana
- Gurugram

STEAM Education Excellence in the Education World Grand Jury India School Rankings 2025–26

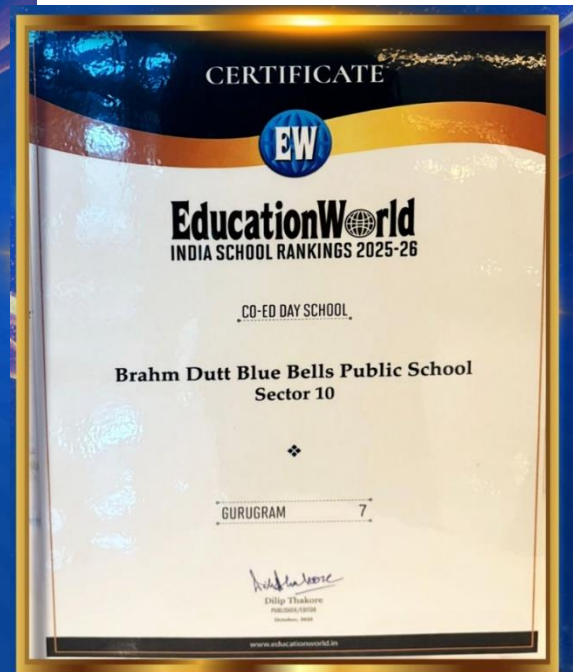
# EDUCATION WORLD GRAND JURY INDIA SCHOOL RANKINGS 2025-26



CELEBRATING A LEGACY OF  
**EDUCATIONAL EXCELLENCE**

BD BLUE BELLS PUBLIC SCHOOL

**RANKED #7** IN  
GURUGRAM



Ranked #7 Co-educational Day School in Gurgaon, reflecting the school's commitment to providing a unique, integrated, and child-centric learning environment.

# MICROSOFT SHOWCASE SCHOOL

The school is recognised as a Microsoft Showcase School 2025, with 50 Microsoft Innovative Educators, and a Microsoft Incubator School in 2024, positioning the institution at the forefront of digital education.



Microsoft  
**SHOWCASE  
SCHOOL**  
2025-2026



**BD BLUE BELLS  
PUBLIC SCHOOL**



# MICROSOFT SHOWCASE SCHOOL

## BD BLUE BELLS PUBLIC SCHOOL



MS. MADHUTALWAR  
MIDDLEWING LEADER



MS. POONAM SHARMA



MS. BHAWNA SINGH



MS. RACHNA SHARMA



MS. ANJU LUTHRA



MS. RENU PAHWA



MS. SARITA DHIMAN



MS. RUCHI MANGLA



MS. SEEMA YADAV



MS. SUNITA YADAV

## BD BLUE BELLS PUBLIC SCHOOL



MS. SAKSHI CHAUHAN



MS. RASHMA TANEJA



MS. SUPRIYA ARORA



MS. POONAM SAO



MS. KAVITA BHAN



MS. ANURADHA YADAV



MS. SUSHMA SEHRAWAT



MS. SHWETA BHATIA



MS. GEETIKA BATRA



MR. NARENDER



MS. SHIKHA TANEJA



MS. PADMINI



MS. SHIPRA TANGRI



MS. PRERNA RAWAT



MS. NISHA KALRA

# MICROSOFT SHOWCASE SCHOOL

## BD BLUE BELLS PUBLIC SCHOOL



DR. SHIVALI JOSHI



MS. SONIA MEHNDIRATTA



MS. KAVITA DEVI



MS. JYOTIKA RAIZADA



MS. SAPNA



MS. DIPTI CHANDAK



MS. POOJA NASA



MS. MANJU YADAV



MS. LAKSHMI HARIHARAN



MS. MEET KHURANA



MS. NEHA MARWAH



MS. EKTA SHARMA



MS. POOJA CHUGH



MS. POOJA BHALLA



MS. JYOTI GANOTRA

## BD BLUE BELLS PUBLIC SCHOOL



MS. KANIKA GULATI



MS. JYOTI JUNEJA



MS. AARTI VIKAS JHA



MR. SHASHI TIWARI



MS. MAMTA SRIVASTAVA



MS. MUSKAAN



MR. DILPREET KAMBOJ



MR. RAVI PRAKASH



MR. SARASWATI OJHA



MS. SHAFFALI



MS. REENA



MS. GEETANJALI KUMARI



MS. NUPUR



MS. KIRTI ZOLANIYA



MS. MRIDUSMITA DAS

# ICT SEAGULLS PROJECT 2025 ON ARTIFICIAL INTELLIGENCE



The initiative flourished under the visionary guidance of **Dr. Saroj Suman Gulati, esteemed Director, Blue Bells Group of Schools,** whose leadership continues to inspire innovation and purpose-driven learning.

The school extends heartfelt gratitude to **Ms. Anshuka Aneja, Associate Director – IT, Blue Bells Group of Schools,** for her constant guidance, encouragement, and unwavering support,



## 2025 INTERNATIONAL ICT SEAGULLS PROJECTS

01 October 2025

### AWARD CERTIFICATE

The members of the SQC "BDBBPS CYBER WARRIORS" of Brahm Dutt Blue Bells Public School, INDIA, conducted an AI project within the ICT SEAGULLS Projects, under the dynamic leadership of Director Dr. Saroj SUMAN GULATI, Principal Roolpi KUDESIA, mentors Ms. Anju LUTHRA and Ms. Shikha TANEJA.

The project team won:

**"THE MOST ENTHUSIASTIC & COMMITTED TEAM AWARD"**

We congratulate all the members and leaders and wish them good luck in the future.

Prof. Dr. Hayal KÖKSAL  
Project Designer & Coordinator

#### SQC "BDBBPS CYBER WARRIORS"

CHARVI LUTHRA  
PARAS LUTHRA  
CHIRAG YADAV  
DIKSHA YADAV  
MAHI PAHUJA  
MANAT KAUR  
AVNEET MISHRA  
ARATRIKA RANA  
ASHIKA GOYAL  
VEDANT CHAKRAVARTI

#### PROJECT LINK:

[https://www.canva.com/design/DAGlhGbA6JE/3s\\_sQ79O9tAWOom1DWpNww/view?utm\\_content=DAGlhGbA6JE&utm\\_campaign=design\\_share&utm\\_medium=link2&utm\\_source=uniquelinks&utlId=h24c9c4c2a7](https://www.canva.com/design/DAGlhGbA6JE/3s_sQ79O9tAWOom1DWpNww/view?utm_content=DAGlhGbA6JE&utm_campaign=design_share&utm_medium=link2&utm_source=uniquelinks&utlId=h24c9c4c2a7)  
[www.bilisimcimartilar.com/english](http://www.bilisimcimartilar.com/english)

# SWACHH EVAM HARIT VIDYALAYA RATING



## स्वच्छ एवं हरित विद्यालय मूल्यांकन Swachh Evam Harit Vidyalaya Rating (2025-26)

### Certificate of Participation

This certificate is being issued to **BRAHM DUTT BLUE BELLS PUBLIC SCHOOL** with UDISE+ Code **06180101925** for active participation in Swachh Evam Harit Vidyalaya Rating (2025-26).

The school has demonstrated a commitment to the national mission of water, sanitation, hygiene, environmental sustainability and nurturing responsible citizens for a greener future.

With a remarkable 5-Star rating, the school reflects a commitment to environmental values aligned with NEP 2020.

#### Rating Norms

90% - 100% : ★★★★★ Excellent, Keep it up | 75% - 89% : ★★★★☆ Very Good | 51% - 74% : ★★★☆☆ Good  
| 35% - 50% : ★★☆☆☆ Fair, Needs improvement | Below 35% : ★☆☆☆☆ Poor, Needs considerable improvement

# GLOBAL SUSTAINABILITY AWARD 2025



## ➤ Educator Distinctions

- Dr. Anisha Gupta – Winner, SDG 9
- Ms. Neha Marwah – Runner-up, SDG 5
- Ms. Seema Yadav – Emerging Innovator Award

# GLOBAL SUSTAINABILITY AWARD 2025



## Silver, SDG 12

- Gyanav Chauhan,
- Yash Kumar Sharma
- Aditya Tiwari (XI B)

## Silver, SDG 13

- Yashasvi Ganeshe
- Anushka Yadav
- Yashika, Mahi Walia



# Inter-School Achievements



# GPSC VOLLEYBALL TOURNAMENT



 **GPSC INTER SCHOOL VOLLEYBALL TOURNAMENT**  
**UNDER-19 YEARS (BOYS & GIRLS)**  
**ORGANIZED BY**  
**BLUE BELLS MODEL SCHOOL GURUGRAM**  
**OCTOBER 16-17, 2025**



The **U-19 Girls' Volleyball Team** lifted the **Winners' Trophy** at the GPSC Volleyball Tournament hosted by Blue Bells Model School, Gurugram

# CYBERMANIA 2025



The school team lifted the **Overall Runners-Up Trophy** in Cybermania-2025 held at Blue Bells Model School.

# VOLLEYBALL ACHIEVEMENTS



**First Position** in the SGFI Block & District Level Tournaments for both **U-19** and **U-14** category.



Lifted the **Champion's Trophy** in the GPSC Volleyball Tournament (U-17).

# GOLDEN GLORY AT THE UNDER-9 ROLL BALL DISTRICT CHAMPIONSHIP!



## Boys (Gold Medallists):

Ayaan – Class I A

Advik Dagar – Class II C

Arth – Class II A

Tanush – Class II C



## Girls (Gold Medallists):

Swastika Parmar – Class II C

Vanshika Kataria – Class II A

# FROM 'WASTE TO WONDER' - YOUNG INNOVATORS CREATE IMPACT AT SPARDHA IDEATHON 4.0!

Gyanav Chauhan, Yash Kumar Sharma, and Aditya Tiwari of Class XI-B earning a consolation prize and a cash award of ₹3100. at SPARDHA IDEATHON 4.0, hosted by Panipat Institute of Engineering and Technology.



# ROLLING TOWARDS GLORY: PRISHA SHINES AT RSFI STATE CHAMPIONSHIP!

Exhibiting a perfect blend of speed, balance, and spirit, Prisha of Grade V C delivered an extraordinary performance that brought home:

- Silver Medal – 1000 m Event
- Silver Medal – 500 m Event
- Bronze Medal – 1 Lap Road Race



# A GOLDEN OCTOBER FOR PRISHA!

- Prisha of Class V C, whose extraordinary skating prowess shone brilliantly across multiple prestigious championships. With grit, grace, and unstoppable speed, she carved her name in victory, bringing immense pride and joy to the school community.
- RSFI District Skating Championship (October 11–12, 2025)
  - Gold Medal – 1000 m Track Race
  - Silver Medal – 1-Lap Road Race
- CBSE North Zone Skating Championship (October 14–17, 2025)
  - Silver Medal – 1-Lap Road Race
- SGFI U-11 District Skating Championship (October 18, 2025)
  - Gold Medal – 500 m Track Race



# OUR UNDER-12 FOOTBALL TEAM SHINES AT THE MADE EASY KICK OFF INTER-SCHOOL TOURNAMENT

- Runners-Up position ,at the Made Easy Kick Off Inter-School Football Tournament, held at Made Easy School, Gurugram
- Adding to the moment of glory, Angad was honoured as the Best Striker of the Tournament for his brilliant on-field performance, while Mr. Rahul Chaudhary, our dedicated coach, was awarded the Best Coach U12 Category, recognising his relentless guidance and commitment to the team's success.



# A DAY OF JOY, PRIDE, AND CELEBRATION!

Our students delivered stellar performances and brought laurels to the school with their remarkable achievements:

- ‘Kranti aur Kalam’ – First Prize won by Kashvi Chauhan (Grade III)
- ‘Kalam se Kirdaar Tak’ – Second Prize secured by students of Grades IV–V



# IRC ZONAL 2025



The team comprising Rohit Yadav (Class X) and Tanmay Singh, Lalit Bhati, and Dev Chauhan (Class IX) successfully qualified for the National Level participated in the IRC 2025 Gurugram Zonal, held at Vegas School, Sector 48, Gurugram.

# INCREDIBLE ACCOMPLISHMENT AT CYFERNODE 4.0, AN INTER-SCHOOL IT COMPETITION

Technology is a catalyst that empowers students to create and innovate. Exemplifying this belief, our talented students Tanmay Singh and Sudeep Chaudhary of Class IX bagged the First Position in the “Design for Impact” category.



# REMARKABLE PERFORMANCE BY BLUE BELLIANIS IN IRC ZONAL 2025

From creative builds to thrilling arena runs, our exceptional tech geeks -Aryan Yadav and Ansh Kataria of Class VIII clinched coveted First Position in the IRC League 2025 South Delhi Zonal, held at Mount Carmel School, Anand Niketan, Delhi, on . They displayed remarkable innovation, teamwork, and passion for robotics.

**avishkar**  
LEAGUE  
2025

**CODE OF DUTY**

**IRC LEAGUE**

**SOUTH DELHI ZONAL AT**

**WINNER**

**Senior Level**

**The Circuit Breakers**  
( Aryan Yadav & Ansh Kataria )  
B.D. Blue Bells Public School, Sec. 10, Gurugram

# RGOI DISTRICT SPEED SKATING CHAMPIONSHIP

Overall First Position, with an impressive tally of seven medals across the Under-9 and Under-11 categories.



## **Under-9 Category**

- Vansh Joon (Class II) – First Position, Inline Skating
- Swastika (Class II C) – First Position, Quad Skating
- Tisha (Class I C) – Second Position, Quad Skating
- Bhavya (Class IV) – Third Position, Inline Skating

## **Under-11 Category**

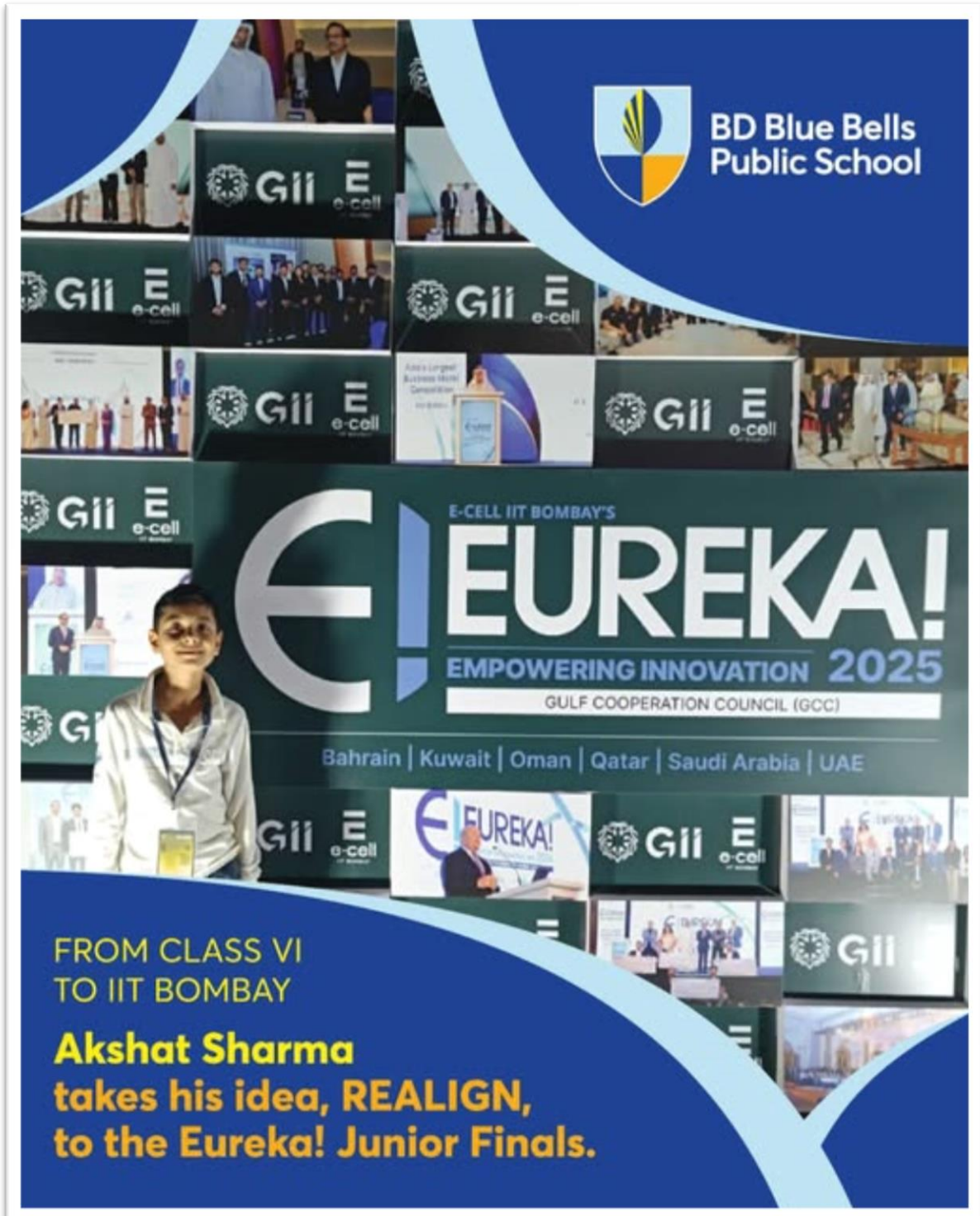
- Ketan (Class IV) – First Position, Quad Skating
- Prisha (Class V C) – First Position, Quad Skating
- Darsh Joon (Class IV) – Third Position, Inline Skating

# INDIA'S TOP 100 CHANGEMAKERS IN THE 1M1B CHANGEMAKERS WORLD CUP 2025



**Divyanshi Tyagi** earned her place among India's Top 100 Changemakers in the 1M1B Changemakers World Cup 2025. She was invited to present her impactful SDG-driven work at the United Nations Office, Geneva.

# EUREKA! JUNIOR FINALS AT IIT BOMBAY



**BD Blue Bells Public School**

**GII e-cell**

**EUREKA!**  
EMPOWERING INNOVATION 2025  
GULF COOPERATION COUNCIL (GCC)

Bahrain | Kuwait | Oman | Qatar | Saudi Arabia | UAE

**FROM CLASS VI TO IIT BOMBAY**

**Akshat Sharma**  
takes his idea, **REALIGN**,  
to the Eureka! Junior Finals.

Active Backup  
Software  
C2 Password  
Backup  
FIREWALL  
SRM  
SSL  
Antivirus  
Internet  
Encryption  
VPN  
Safe Access  
Updates  
SECURITY  
Data  
Passwords  
Protect  
Vulnerability  
Hardware  
RANSOMWARE  
PHISHING

# CYBERSECURITY

ATTACKS  
MFA  
Backdoor  
Spyware  
Secure SignIn  
Threat Prevention  
SECURE  
Snapshots  
Certificate  
Proxy  
Trojan  
Virus  
Digital  
PROTECTION  
Information Technology  
Surveillance  
Connect  
Awareness  
2022  
Networks



# CYBERSECURITY WORKSHOP: EMPOWERING DIGITAL SAFETY

The school hosted an engaging and thought-provoking Cybersecurity Workshop under the inspiring mentorship of Ms. Anshuka Aneja, Associate Director–IT, BBGS. In an age where the digital world shapes how we learn, connect, and work, the workshop aimed to make every participant more aware, alert, and responsible in the online space.

The session opened with a street play by the Cyber Council Team comprising Ms. Anju, Ms Sunita, Ms Renu, Ms Sarita, Ms Poonam, Ms Ruchi, Ms Padmini, Ms Kavita, Mr Jitender, Mr Yogender & Madam Anshika Aneja. Their performance struck a chord with the audience, highlighting how everyday online habits can unknowingly put people at risk and why awareness is the best defense. The session was then taken forward by Dr. Rakshit Tandon, Cyber Security Evangelist, Consultant – IAMAI, and Advisor – Cyber Cell. Through real-life examples and practical insights, he shared how small, everyday choices like using strong passwords, avoiding public Wi-Fi, and securing personal data can make a big difference. His easy, relatable style turned what often feels like a technical subject into something everyone could connect with.



At **BD Blue Bells Public School**, learning goes beyond textbooks. Through **Virtual Reality**, our students do not just study concepts; they *experience* them. Every lesson feels real, immersive, and sparks boundless curiosity. It is this future-ready approach that makes us **Ranked #1 in STEAM Education across Gurugram**, where innovation meets imagination, and learning truly comes alive.

**VR READY** for the future.



Creating immersive learning avenues  
in middle years.



With  
**Virtual Reality**

Children  
can go  
where  
imagination  
takes them.



**See it.  
Learn it.  
Experience it.**

When they  
learn by  
seeing, they  
remember  
longer.

**Because learning**  
isn't about looking  
at the world.



It's about stepping into it.

# CYBER SECURITY





# Celebrations

# CLASS IX D BRINGS ALIVE THE SPIRIT OF DUSSEHRA ASSEMBLY

To mark the festive season, a thought-provoking morning assembly centred on the theme of Dussehra, the eternal celebration of good triumphing over evil.



# COMMUNITY OUTREACH PROGRAMME

In honour of World Food Day, the school's Community Outreach Programme ignited a heartfelt mission of compassion and service among students of Grades Playgroup to V.



# INTER-HOUSE RANGOLI COMPETITION



Results are as under:

- First Position – C. V. Raman House
- Second Position – Radha Krishnan House
- Third Position – Sarojini Naidu House
- Kalpana Chawla House

# INTER-HOUSE RANGOLI COMPETITION



# GRANDPARENTS' DAY CELEBRATION

The school radiated joy, laughter, and heartfelt emotion as it celebrated Grandparents' Day. It was a cherished tribute to the enduring love, wisdom, and values that grandparents so selflessly impart to younger generations.



# COLOURS OF DEVOTION: NAVRATRI AND DUSSEHRA CELEBRATION

The special assembly beautifully captured the festive spirit. Dressed in colourful traditional attire, the young participants filled the atmosphere with devotional songs and lively folk dances, radiating enthusiasm, faith, and joy.



# COMMEMORATING THE DIVINE TEACHINGS OF GURU NANAK DEV JI

To celebrate the sacred occasion of Guru Nanak Jayanti, the students of Sarojini Naidu House presented a deeply inspiring Special Assembly, brimming with devotion, reverence, and enthusiasm.



BLUE BELLS PUBLIC SCHOOL  
MARY WING CELEBRATES  
GURU NANAK JAYANTI



# SPREADING JOY THROUGH SERVICE: A HEARTFELT CHILDREN'S DAY INITIATIVE

As part of their SEWA initiative, our students visited a local NGO, carrying with them stationery items they had thoughtfully collected, with compassion, enthusiasm, and a genuine desire to spread joy.



# HONOURING THE JOY OF CHILDHOOD: A CELEBRATION LED BY OUR TEACHERS

The Children's Day assembly at school unfolded as a celebration woven with affection, gratitude, and genuine cheer.



# CHILDREN'S DAY

(Play Group – Grade V)

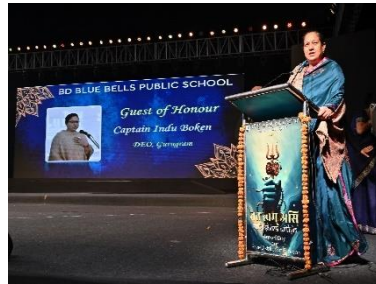


# NATIONAL ENERGY CONSERVATION DAY

National Energy Conservation Day was celebrated by the school to reaffirm its commitment to a sustainable tomorrow. The students of Classes IC and III B conducted thoughtfully curated assemblies that were both enlightening and inspiring. A delightful Hasya Kavi Sammelan, rich in humour and creativity, cleverly highlighted the importance of reducing energy consumption while spreading smiles across the hall.



# TAT TVAM ASI -THE SHIVA WITHIN: A GRAND ANNUAL DAY CELEBRATION AT BDBBPS



The school celebrated its Annual Day and Prize Distribution Ceremony for Classes Nursery to VIII on December 06, 2025, in an evening filled with devotion, joy, and heartfelt pride. Rooted in the timeless philosophy of Tat Tvam Asi-The Shiva Within, the celebration honoured both learning and the divine spark present in every child.



तत् त्वम् असि - तेह इशोरव जाँहेन







# STREAM SELECTION SESSION



The session highlighted that stream selection is about understanding each child's strengths, interests, and aspirations, enabling parents to guide their children toward informed and purposeful academic decisions.

# CUBS AND BULBULS ORIENTATION



The interaction introduced students to the values and framework of The Bharat Scouts and Guides, presenting Cubs and Bulbuls as the foundation of a meaningful journey in character formation.

# SCOUTS AND GUIDES ORIENTATION



The interaction introduced students to the values and framework of The Bharat Scouts and Guides.

# ASSEMBLY ON FINANCIAL LITERACY AND SMART MONEY HABITS



To create awareness about financial literacy and smart money habits, the students of Class III C presented an assembly, 'Little Learners, Big Savers.'

# CITATION CEREMONY



Citations were conferred upon the students by the Leadership Team, which recognized the students' academic diligence, perseverance, and overall growth during their school journey.

# FAREWELL CEREMONY



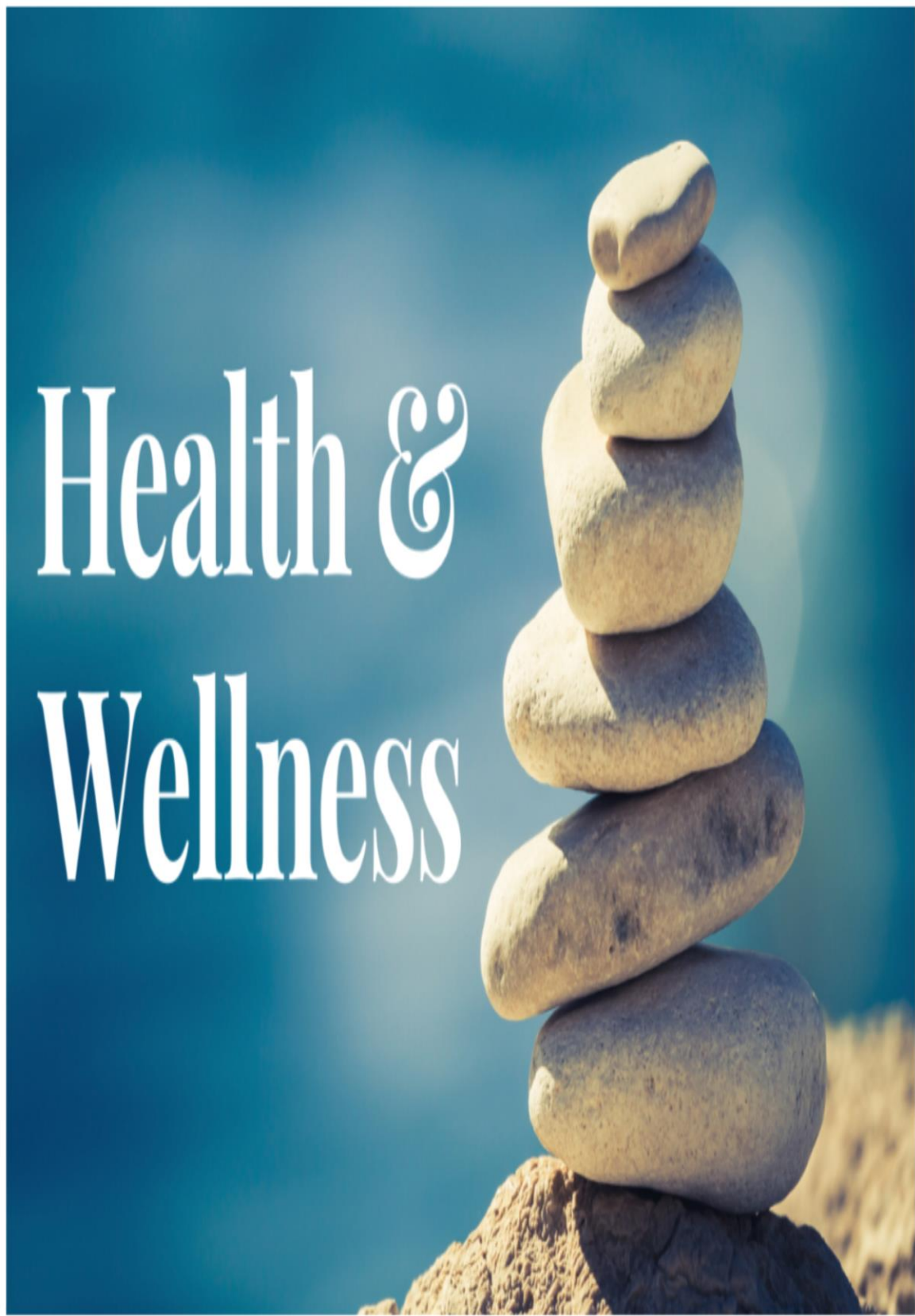
An emotional Farewell Ceremony for the out going Class XII Batch.

# FAREWELL CEREMONY



A nostalgic journey filled with smiles, laughter, and tears.

# Health & Wellness



# NURTURING HEARTS, MINDS, AND LIVES

“To keep the body in good health is a duty, for only then can the mind remain strong and clear.” — Buddha

At the Blue Bells Group of Schools, the Health & Wellness Programme forms an integral pillar of holistic education, promoting physical well-being, emotional balance, and mental resilience within the school community. Under the visionary leadership of Dr. Alka Saxena, the initiative has evolved into a structured, compassionate framework that places well-being at the heart of learning.

Through targeted awareness programmes, interactive workshops, and mindfulness-based practices, the Health & Wellness Team fosters a culture of positivity, self-awareness, and emotional strength. The programme reflects the institution’s belief that true education transcends academic excellence—it nurtures character, strengthens inner resolve, and prepares individuals to face life with confidence, empathy, and purpose.

# EVENTS ORGANIZED UNDER THE HEALTH & WELLNESS PROGRAMME

## Peer Educator Introductory Session 2025–26

The **Peer Educator Introductory Session 2025–26**, held on **September 25, 2025**, brought together newly appointed Peer Educators from **BBMS and BDBBPS**, along with the outgoing cohort. Led by Health & Wellness Ambassadors and Peer Mentors, the session oriented students through interactive activities and discussions on roles and responsibilities.

The event featured a **Felicitation Ceremony** honouring the 2024–25 Peer Educator Team and an **experience-sharing segment under the Anti-Bullying Campaign**, highlighting student-led research and advocacy. Dr. Saxena concluded the session by encouraging Peer Educators to lead with empathy, integrity, and purpose.



# A PIONEERING INITIATIVE: SAFE DIWALI CAMPAIGN BY PEER EDUCATORS

This Diwali, the Blue Bells Group of Schools reaffirmed its commitment to conscious celebration through the **'Safe & Green Diwali Awareness Campaign,'** led by Peer Educators under the Peer Educator–Led Programme. The initiative emphasised responsibility, environmental care, and community well-being.

Peer Educators amplified the message through a compelling awareness video advocating **“Say No to Crackers – Celebrate a Safe & Green Diwali.”** Extending the campaign beyond the school, the Health & Wellness Team and students of **B D Blue Bells Public School** conducted a **Social Outreach Programme** on **October 16, 2025**, at Gurgaon One, Sector 84, presenting a powerful street play that encouraged mindful and eco-friendly celebrations.

More than a campaign, the initiative became a meaningful learning experience—nurturing empathy, accountability, and sustainable thinking. Through their voices and actions, students emerged as change-makers, illuminating minds and hearts while championing a safer, greener future.



# GENESIS – HEALTH & WELLNESS FIESTA

*“It’s okay to take a break and prioritise your mental health.”*

At school, holistic education is central to nurturing empathy, resilience, and emotional well-being. The school organised the **Genesis – Health & Wellness Fiesta**, an intra-school mega life skills event, aligned with the global theme 'Mental Health in Humanitarian Emergencies'.

Held on **October 14 and 15, 2025**, the fiesta engaged Middle and Senior Wing students in meaningful, experiential activities aimed at building emotional strength and mindfulness. Initiatives such as the **Glow Bracelet of Gratitude**, **Gratitude Garden**, **Lantern of Hope**, **Bookmarks of Positivity**, and the **Self-Care Wall** encouraged reflection, appreciation, and emotional balance. Senior students further expressed their understanding through **Hope Pathway** and **Mural Painting**, creatively highlighting the importance of mental well-being.

A key highlight was a specially curated **wellness session for teachers**, graced by **Dr. Saroj Suman Gulati**, Director, BBGS, and **Dr. Alka Saxena**, focusing on self-care, stress management, and reflective practices. Teachers were felicitated with badges in recognition of their dedication. The fiesta reaffirmed the school’s commitment to fostering a compassionate, safe, and emotionally resilient learning community.



# SAFE TOUCH AWARENESS SESSION

*“The safety of children is not a privilege; it is a right.”*

The school conducted Safe Touch Awareness Sessions for Middle Wing students during August and September 2025. The sessions were conducted separately for boys and girls by trained Life Skills facilitators during Life Skills Education classes.

The programme sensitised students to personal boundaries, body autonomy, and consent, enabling them to identify safe and unsafe touch and respond appropriately. Through age-appropriate discussions, visual aids, and real-life scenarios, students were encouraged to build self-confidence, communicate openly, and seek support from trusted adults.

Students were guided on assertive responses, reporting mechanisms, and available support systems, including school counsellors and the Child Helpline Number. Active participation and meaningful interactions reflected the programme’s effectiveness in strengthening awareness and fostering a culture of safety, dignity, and emotional well-being.



# JOY OF GIVING

Theme: A Celebration of Kindness

Compassion grows when students learn that giving isn't about what they have, but about how much they care. Guided by this belief, Blue Bells Group of Schools celebrated the spirit of kindness and compassion through a fun filled event "Joy of Giving" turning a festive gathering into a purposeful learning experience.

The inclusion of students from DIKSHA added profound depth to the celebration. Their moving Nukkad Natak reminded the audience that empathy begins when we listen, and awareness is the first act of kindness. Students were engaged in a delightful craft activity, creating their own snowmen to promote compassion, warmth, and empathy. Further to incorporate elements of care and share, activities like Follow the Leader, Reindeer Hop Race and Candy Path Race encouraged a sense of accomplishment.

The narrative of Santa's Skill Box during the special assembly transformed the idea of Christmas gifts into life lessons revealing that the most enduring treasures of life are creativity, laughter, expression, music, empathy, and courage.



# BDBBPS HOSTS SCHOOL CINEMA INTERNATIONAL FILM FESTIVAL 2025

The school hosted an enriching School Cinema session on November 18, 2025, as part of the School Cinema International Film Festival 2025.

The students viewed a thoughtfully selected set of films—*Mystery Lane: The Secret of Templers*, *A Pain in the Butt*, and *Croak Show*—each offering meaningful life lessons through relatable narratives.

The festival aimed to foster empathy, critical thinking, and reflective dialogue by encouraging students to view situations from multiple perspectives. Extending this initiative, age-appropriate film screenings were organised for Grades I–VIII and Grades IX–XI from November 19 to 21, 2025. The programme contributed significantly to students' emotional and social development, aligning seamlessly with the school's holistic approach to education.



# NASHA MUKTI PAKHWADA: BUILDING A DRUG-FREE FUTURE



**"NASHA MUKTI ABHIYAN "**  
**" नशा मुक्ति अभियान "**

# IGNITE CHANGE: YOUTH EMPOWERMENT

## Under Nasha Mukti Bharat Abhiyaan

The school successfully conducted a transformative workshop on **October 29, 2025**, as a robust contribution to the national **Nasha Mukti Bharat Abhiyaan**. The session focused on equipping **Grade XI** students with tools for decisive action against negative peer influence.

The high-impact session, "**Dealing with Peer Pressure**," was curated and conducted with a vision to move beyond conventional discourse, utilising **gripping case studies and intensive discussions** to build a crucial skill set: the ability to deliver a **confident and assertive 'No'**.

The goal was to empower the students to recognise their **self-worth** and redirect peer pressure into a force for **positive, collective support**. This effort aims to cultivate a generation of **mindful decision-makers** who prioritise their **socio-emotional well-being**.

The initiative strongly reinforced themes of self-awareness, empathy, and responsible choices, while also empowering students to recognise and effectively handle peer pressure related to substance use. As part of the *Nasha Mukti Abhiyan*, they engaged in discussions and activities that built confidence and resilience against negative influences, culminating in a powerful collective reflection and commitment to make positive, life-affirming choices.



# Providing Exposure And Enriching Students Through Various Competitions

## **Blue Bellians Excel in World Mental Health Day Celebrations 2025**

The young changemakers of the school radiated energy and purpose as they participated in the World Mental Health Week Celebrations, a national-level platform curated by Expression India on October 8, 2025.

The shining stars who represented the school were - Vaishnavi Dora, Peer Educator from Class VIII A, who participated in the Eloquence – Essay Writing Competition and earned a Certificate of Outstanding Performance. Ananya of Class VIII C showcased her creativity in Utopia – The Power of Expression in Fine Arts and received a Certificate of Exemplary Performance. Hemank Yadav, Peer Mentor from Class XI C, displayed remarkable confidence and articulation in Oratorex – The Young Orators Championship, securing a Certificate of Exemplary Performance.



# Excellent Performance at Mélange 5.0

The students of Class X delivered an outstanding performance at the Inter-School Health & Wellness Event, Mélange 5.0, held on Saturday, November 15, 2025, at Suncity School, Sector 37D, Gurugram.

Under the aegis of the Health & Wellness Programme, the students of Class X—Samya Sharma, Mikul Gulati, Yatharth Gaur, and Rohit Yadav—participated in the event titled Wellness Shark Tank. The competition required participants to design an innovative product for school-age children or educators that addresses a specific mental wellness challenge.

The team conceptualized Soul Sync, a unique initiative that transforms calmness into a pocket-sized experience through QR-Oma Cards—an innovative fusion of QR codes and soothing aromas.

The students' presentation was adjudged the Best in the "Most Transformative Idea" category and also received the Best Pitch & Persuasion Award. The judges highly appreciated the students' creativity, clarity of thought, and confident presentation, and extended their best wishes for their future endeavours.

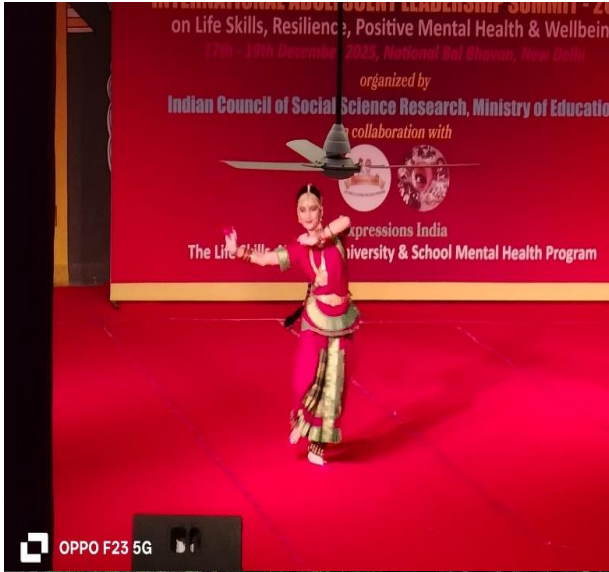


## **Nurturing Young Leaders: BD Blue Bells Public School at the International Adolescent Leadership Summit 2025**

The school team proudly represented the institution at the **International Adolescent Leadership Summit 2025**, held on **17–19 December 2025** at **National Bal Bhavan, New Delhi**. The summit focused on Life Skills, Resilience, Positive Mental Health and Wellbeing and was organised by the **Indian Council of Social Science Research (ICSSR), Ministry of Education, Government of India**, in collaboration with **Expressions India**. With participation from nearly **150 schools across India**, the summit provided a national platform for adolescents to engage as future leaders, voice psychosocial concerns, and emerge as **Life Skills and Wellbeing Ambassadors**.

### **Student Participation & Accolades**

- **Outstanding – Young Orators for Wellbeing (The Voice of Change): Hemank Yadav, Class XI C**
- **Exemplary – Yuva Sansad (Youth Parliament): Hemank Yadav, Class XI C**
- **Outstanding – UTOPIA (Theme-based Painting Competition): Nupur Yadav, Class IX D**
- **Exemplary – MANONRITYA (Indian Classical Dance – Solo): Aanya Arora, Class IX A**
- **Exemplary – PATHSHALA NUKKAD KI (Street Theatre): Hemank Yadav, Aanya Arora, Nupur Yadav & Kirtharth Singh Sisodia**
- **Meritorious – SWASTHYA SANGAM (National Mental Health, Life Skills & Wellbeing Exhibition)**



## WELLNESS WISE BY DR. ALKA

**‘Calmness in mind is one of the beautiful jewels of wisdom.’ James Allen**



Dr. Alka Saxena is a futurist who is constantly working to integrate the best emergent practices of Health & Wellness with education. She created her blog, Wellness Wise by Dr. Alka. The purpose was to reach out to a broad audience with the aim of sharing her vast knowledge and practices on life skills, health, and wellbeing. Her blog postings, based on her experiential knowledge as an educator, cover a wide range of topics which connect and relate to all age groups alike.

<https://wellnesswise.in/wednesdaywellness-4/>



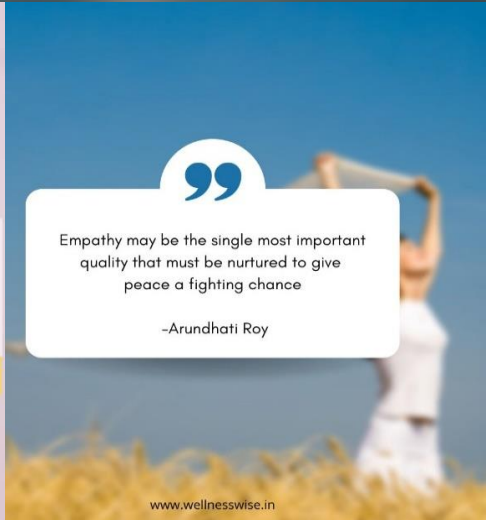
**Empathy in the Digital Era:  
Bridging Gaps in a Connected World**

[www.wellnesswise.in](http://www.wellnesswise.in)



**# Wednesday  
Wellness**

[www.wellnesswise.in](http://www.wellnesswise.in)



Empathy may be the single most important quality that must be nurtured to give peace a fighting chance

-Arundhati Roy

[www.wellnesswise.in](http://www.wellnesswise.in)



**Mastering the Power of Words:  
Secret of Effective Communication**

[www.wellnesswise.in](http://www.wellnesswise.in)

## **Wellness Wise Social Media Uploads**

**Monday:** Quotes from Wellness Wise Blog

**Tuesday:** Thoughtful Tuesday creative on Critical thinking, Problem-Solving, Lateral Thinking, Aptitude questions, Puzzles on County names and unfinished statements, etc.

**Wednesday:** Wellness Wise Blog

**Friday:** School activity / Video on infographic content from Wellness Wise blog

**Saturday:** Selfcare Saturday content on Environmental Selfcare, Recreational Self-Care, Spiritual Selfcare, Social Selfcare, Emotional Selfcare, Eco-Friendly Selfcare, Mindful Eating, Breakfast Selfcare, Feather Breathing, Self-care routine, Handling Burnout.

‘Self-Care is not being selfish’, Selfcare - Myths vs Facts, Self Compassion, Incorporating Yoga into Your Self-Care Routine, Assertive Communication, music for the soul, Self-care can become challenging and hard to adhere, Self-care during festivals, Staying Active during festivals, Eating right during festivals, etc.

## **Blog Link of Wellness Wise by Dr. Alka-**

<https://wellnesswise.in/>

## **Instagram Links-**

<https://www.instagram.com/wellnesswisebydr.alka?igsh=MTFhcDZ3cGRrMzJ4Zg==>

[https://www.instagram.com/dr\\_alkasaxena/?hl=en](https://www.instagram.com/dr_alkasaxena/?hl=en)

## **Facebook Link –**

<https://www.facebook.com/profile.php?id=61550726024471&mibextid=ZbWKwL>

## **LinkedIn Links -**

[https://www.linkedin.com/in/adept-a-program-for-enhancing-life-skills-21b387229?utm\\_source=share&utm\\_campaign=share\\_via&utm\\_content=profile&utm\\_medium=android\\_app](https://www.linkedin.com/in/adept-a-program-for-enhancing-life-skills-21b387229?utm_source=share&utm_campaign=share_via&utm_content=profile&utm_medium=android_app)

<https://www.linkedin.com/company/dr-alkasaxena/>



Dear Reader

Meaningful journeys are shaped by everyday efforts, carried out with sincerity and a shared sense of purpose. Over time, these moments come together to create something lasting and inspiring.

Anchored in this spirit, we have thoughtfully woven together a vibrant reflection of school life capturing the experiences, achievements, and celebrations from October to December 2025.

This newsletter is not merely a compilation of events; it is a heartfelt salute to collaboration, the joy of learning, and the significant moments that define our collective journey.

May these pages rekindle cherished memories and continue to inspire excellence in all that we do.

With gratitude and best wishes,

Editorial Team

BDBBPS, Sector 10

Gurugram



Champions aren't born.

**THEY'RE  
NURTURED.**

Our multi-sport  
programme teaches what  
no classroom can...

**Resilience**

**Focus**

**Spirit**



